

## **Healthy Meals, Happy Summers**

Since 2015, Healthy Lincoln County (HLC) has sponsored the Summer Meals program helping kids stay fueled all summer long!

The program is made possible through USDA, Maine Department of Education, and with support from fundraising. All meals are free, no sign-up, and available to all kids at sites across the community!

Summer Meals provides free, nutritious meals and snacks to children and teens aged 18 and under during summer when school is out. This supports children's health and wellbeing while also alleviating the financial burden on families during the summer months.

**DONATE TODAY** 

## Support local kids with free, healthy meals this summer!

## In these uncertain times, the need for healthy meals for our community's children is greater

meals for our community's children is greater than ever. Your local support is crucial in helping us expand our reach and impact.



All donations are tax deductible to the extent permissible by law.





bit.ly/SummerMeals-Donate

healthylincolncounty.org